



Five Day Sanctuary Training Agenda

Note: There will be breaks each morning and afternoon as well as a break for lunch at noon

Day 1 – 2:00 PM – 6:30 PM

Topics

Welcome and Overview	Seven Commitments
Community Meeting	Organizational Assessment
Imagining Something Different	Safety Plans
Barriers/Obstacles	Homework

Day 2 – 9:00 AM – 4:30 PM

Morning Topics

Community Meeting
Review of the Day
Trauma and ACEs
Using a Trauma Lens

Afternoon Topics

Reenactment
Looking at Your Vulnerability
SELF
SELF Service/Treatment Planning

Day 3 – 9:00 AM – 4:30 PM

Morning Topics

Community Meeting
Review of the Day
Parallel Process
Bizarro World

Afternoon Topics

Team Meetings
Collective Disturbance
Parallel Process/Collective Dist. Handout
Red Flag Reviews

Day 4 – 9:00 AM – 4:30 PM

Morning Topics

Community Meeting
Review of the Day
Vicarious Trauma
Self Care Plans
The Use of Power

Afternoon Topics

Staff Training
Psychoeducation
Implementation

Day 5 – 9:00 AM – 3:00 PM

Morning Topics

Community Meeting
Review of the Day
Supervision/Leadership
Tool Kit Debate

Afternoon Topics

Your Emotionally Intelligent Plan
Next Steps or Scope
Final Questions
Closing Circle