**CONFERENCE SCHEDULE**

**Tuesday, April 30, 2019**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>12:00 pm - 6:30 pm</td>
<td>Registration – SELFing &amp; Eventdex Station</td>
</tr>
<tr>
<td>12:15 pm - 3:15 pm</td>
<td>Peer Reviewer Meeting</td>
</tr>
<tr>
<td>3:30 pm - 4:45 pm</td>
<td><strong>Workshop Session A</strong></td>
</tr>
<tr>
<td>4:45 pm - 5:00 pm</td>
<td>BREAK</td>
</tr>
<tr>
<td>5:00 pm - 6:00 pm</td>
<td>Network Session for Presenters</td>
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<tr>
<td>5:30 pm - 6:30 pm</td>
<td>Network Session for Leadership</td>
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<tr>
<td>7:00 pm - 7:45 pm</td>
<td>Sunset Trauma-Informed Yoga</td>
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**Wednesday, May 1, 2019**

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<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>6:30 am - 7:15 am</td>
<td>Sunrise Trauma-Informed Yoga</td>
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<tr>
<td>8:00 am - 9:00 am</td>
<td>REGISTRATION – SELFing &amp; Eventdex Station</td>
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<tr>
<td>8:00 am - 9:00 am</td>
<td>BREAKFAST</td>
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<tr>
<td>9:00 am - 9:30 am</td>
<td>Conference Welcome &amp; Community Meeting</td>
</tr>
<tr>
<td>9:30 am - 10:45 am</td>
<td>Keynote Address: Jerry Yager, Psy.D <strong>CEU</strong></td>
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<tr>
<td>11:00 am - 12:15 pm</td>
<td><strong>Workshop Session B</strong></td>
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<tr>
<td>12:30 pm - 1:45 pm</td>
<td>LUNCH</td>
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<tr>
<td>2:00 pm - 3:15 pm</td>
<td><strong>Workshop Session C</strong></td>
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<tr>
<td>3:15 pm - 3:45 pm</td>
<td>BREAK</td>
</tr>
<tr>
<td>3:45 pm - 5:00 pm</td>
<td><strong>Workshop Session D</strong></td>
</tr>
<tr>
<td>5:15 pm - 7:00 pm</td>
<td>Networking Social for All Attendees</td>
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**Thursday, May 2, 2019**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>8:00 am - 9:00 am</td>
<td>Registration – SELFing &amp; Eventdex Station</td>
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<tr>
<td>8:00 am - 9:00 am</td>
<td>BREAKFAST</td>
</tr>
<tr>
<td>9:00 am - 9:45 am</td>
<td>Welcome &amp; Community Meeting</td>
</tr>
<tr>
<td>9:45 am - 11:15 am</td>
<td>Keynote Address: Maia Szalavitz (Q&amp;A with Participants)</td>
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<tr>
<td>11:30 am - 12:45 pm</td>
<td><strong>Workshop Session E</strong></td>
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<tr>
<td>12:45 pm - 2:00 pm</td>
<td>LUNCH</td>
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<tr>
<td>2:15 pm - 3:30 pm</td>
<td><strong>Workshop Session F</strong></td>
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<tr>
<td>3:45 pm - 4:15 pm</td>
<td>Awards and Closing Comments</td>
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<tr>
<td>5:00 pm - 6:00 pm</td>
<td>Mansion Tour</td>
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Tuesday, April 30, 2019

12:00 pm - 6:30 pm  Registration – SELFing & Eventdex Station
12:15 pm - 3:15 pm  Peer Reveiwer Meeting
3:30 pm - 4:45 pm  Workshop Session A
4:45 pm - 5:00 pm  BREAK
5:00 pm - 6:00 pm  Network Session for Presenters
5:30 pm - 6:30 pm  Network Session for Leadership
7:00 pm - 7:45 pm  Sunset Trauma-Informed Yoga

Workshop Session A
3:30 pm - 4:45 pm

A1: Transformation Starts with Leadership - Yorktown
Presenter: Nina Esaki PhD, MSW, MBA; Joe Benamati Ed. D.; Ibet Hernandez MSW; Tim Marks; Trish Niedorowski BA*
This workshop will cover research around leadership skills associated with successful organizational change, and will provide both examples by two Sanctuary Faculty of how they support leaders in their work with the Model, as well as descriptions of the personal journeys of transformation experienced by three leaders themselves.

A2: Unraveling Combat Trauma Through First Impressions - Larchmont 1
Presenter: Samuel Hall
For a Veteran suffering with PTSD, their first impression of your program may determine the outcome of treatment. In this workshop, we will discuss why/how the first impression traumatically impacts the treatment episode and how/why embodiment of the Sanctuary Pillars will decrease PTSD symptoms and increase treatment outcomes.

A3: Transforming Cultural DNA - Larchmont 2
Presenter: Tyler Setlock RN
Through the implementation of Sanctuary, an organization of many moving parts has evolved into one system; embodying the concept of “stronger together”. Specifically, this is a story of how a Children’s Hospital changed the organizational culture through the implementation of Sanctuary; uniting two seemingly distinct service lines: psychiatry and genetics.

A4: Safe Return Meeting: Helping Clients in Crisis Develop Resilience through Reinforcing Clients Safety, Increasing Family Involvement and Promoting Growth and Change, Social Learning, and Open Communication Among Treatment Teams and Families - Sprainbrook
Presenter: Amanda Cole MS; Kevin Dildine AAS
This presentation promotes the use of Safe Return Meetings also known as “Red Flag” meetings are held in an effort to prevent crisis events or are held after a crisis has occurred to re-evaluate and review safety planning, as well as a form of debriefing in service of Social Learning. Clients and families are asked to participate in Safe Return meetings as a means of reintegrating the client back into the Partial Hospitalization Program to support re-establishing safety for the client and others.

A5: Assaulted Staff Emotional Response Team - Scarsdale
Presenter: Nicole Molnar Ed.S
This workshop describes how a program was designed and implemented to address the needs of staff (teachers, mental health providers, paraprofessionals and administrators) assaulted by clients in urban day treatment centers through use of a peer response model. The goal of the model is to lessen the occurrence of staff suffering a complex trauma experience by providing immediate intervention following a potentially traumatic event.
**Workshop Session**

11:00 am - 12:15 pm

**B1: Defining Outcomes: Telling Our Sanctuary Story - Larchmont 1**

**Presenters:** Jane Austin MA; Beth McLean MSSW, LSW; Cheree Webster MA  
In this workshop, Drueding Center will share its journey of exploring outcomes, especially as it relates to the delivery of Sanctuary services. We will show how the use of SELF and Sanctuary commitments helped us navigate through this evolving journey. Defining outcomes and gathering data can tell the Sanctuary story!

**B2: Our Culture is our Sanctuary - Larchmont 2**

**Presenters:** Tammy Wallace Mann; Esmai Manahan  
MacKillop Family Services have adopted a safety domain in the Sanctuary Model titled: Cultural Safety. This was done on the basis that Mackillop is a culturally diverse organisation both in staffing and client profiles. The Cultural Safety Domain supports Sanctuary users to consider culture and the implications for practice including the clients cultural needs and what supports are required to support and affirm culture.

**B3: Challenging Behaviors: Integrating the Seven Commitments - Yorktown**

**Presenters:** Andre Campbell LMFT, LADC; Sara Mahan MS, LPC-S, NCC  
Many schools struggle with managing challenging behavior. Schools have limited tools and interventions. Counseling and Recovery Services partnered with Jenks Public Schools to create Trojan Sanctuary a short-term in school stabilization service for children and youth ages 4 – 14, providing trauma informed behavioral skills integrating the seven commitments of Sanctuary.

**B4: Resilience Through Difficult Conversations - Sprainbrook**

**Presenters:** Beth Orr MA, LMHC; Victoria Hummer MSW, LCSW*  
This presentation shares one organization’s journey through tremendous growth and change which necessitates regularly practicing their social responsibility to have difficult conversations. We share organizational impacts of not addressing needed conversations, barriers, lessons, and tools for safely navigating these conversations and strategies for building a culture of trust.

**B5: True Confessions: Diary of an Executive Director - Pleasantville**

**Presenter:** Trish Niedorowski BA  
Becoming a transformational leader takes commitment and strength. It also takes guts and some serious vulnerability. Gain honest insights from an Executive Director who used the tools and commitments of Sanctuary to transform from a transactional to a transformational leadership style in order to create a resilient, thriving organization.
Workshop Session C
2:00 pm - 3:15 pm

C1: Sanctuary Model Fidelity Sustainability Over Time: Preventing & Adressing ‘Drift’ - Larchmont 1
Presenter: Carrie Carl LCSW-R
This workshop shares principles and tools for preventing and responding to the “drift” that can naturally occur when an organization has met its preliminary goal(s) of being trauma responsive. Engagement of “grassroots” energy among staff/stakeholders, getting clear on the “real goal,” prioritizing projects, and using resources efficiently will be addressed.

C2: Climate Change-It’s Not Always a Bad Thing! - Larchmont 2
Presenter: Jenny Gage  LSW
By sharing experience, humor and possibly tears, one agency will tell their story of climate change, from a cold, barren tundra to an environment that’s downright balmy! Learn how we moved from barely surviving the weight of chronic stress, to a resilient organization through use of Sanctuary tools and commitments.

C3: Using the Sanctuary Model to Remedy the Trauma of Inequity and Exclusion - Yorktown
Presenter: Drew Henrie-McWilliams MS Ed; Patricia Weekley
Using the Sanctuary Model to remedy the trauma of inequity and exclusion is a comprehensive approach to enhance the resilience of a Sanctuary organization by integrating equity and inclusion principles. Learn how the Sanctuary Model can further reduce trauma with a commitment to equity and inclusion addressing racism, bias, and discrimination.

C4: Transforming Hospital Staff Education for Resilience - Sprainbrook
Presenter: Jennifer Nidalmia RN, BSN, CCRN; Laurel Madrone RN
This workshop will highlight putting the Sanctuary commitments into action can be challenging, especially when it comes to mandatory staff training. See how Asante’s hospital core team and education team collaborated to develop a new format for mandatory education that you can adapt for your teams.

C5: The Sanctuary Model for Families - Pleasantville
Presenter: Melanie Dolman BS; Sarah Close MSW
In 2016, Churches of Christ started a service to support families at risk of entering the child protection system and impacted by multiple and complex issues. This presentation describes the adaptation of the psycho-education manual and implementation of the Sanctuary Model with families in the Brisbane Intensive Family Support Service.
**Workshop Session D**

3:45 pm - 5:00 pm

**D1: “89% of the 63% Who Completed More than 34% of the Survey Thought”...Utilizing the Data to Drive Sanctuary Implementation - Larchmont 1**

**Presenter:** Amber Rand LMHC, IAADC; Liberty Morrow AS  
This session is designed to give participants insight into how an organization used data and employee feedback to help guide and drive implementation. Discussion will include direct examples and samples of staff surveys, how to align surveys with Sanctuary Commitments, gather and interpret data to enhance quality outcomes with staff, and to utilize this data during implementation.

**D2: From Surviving to Thriving: How Resilience Impacts Today’s Organizations - Larchmont 2**

**Presenter:** Fabiola Abreu MPA; Jaye Holly MS*  
Adversity in our lives and in our organizations is inevitable. Rather than functioning in survival mode, growing our resilience allows us to focus on the future and imagine different outcomes. Individual resilience is inextricably connected to organizational vibrancy. Join us for a look at how to build organizations that thrive!

**D3: Synergizing Sanctuary with Therapeutic Crisis Intervention: How to Create Synergy Between Two Powerful Models - Yorktown**

**Presenter:** Kristen Kennedy MPA; Lisa Elkins BS  
This workshop will explore the simultaneous usage of Sanctuary and Therapeutic Crisis Intervention in residential settings. Certification in multiple models of care can create confusion for direct care staff responsible for upholding them on the frontlines. We will share best practices of how to use the models together.

**D4: The Transformation of Loss - Sprainbrook**

**Presenter:** Kristen Heisler; Jenn Lester BS  
This presentation will explore the importance and acknowledgement of grief and loss in a variety of settings. The focus will be on the use of art and art media to explore feelings, reconcile emotional conflicts, increase self-awareness, and support social skill development through creative activities and utilizing artifacts as an educational tool.

**D5: An Experiential Learning Approach to Implementing Psychoeducational Groups- Come & Play With Us! - Pleasantville**

**Presenter:** Lisa Martin BS; Jessica Cambridge  
Learn how one certified agency revolutionized the system for delivery of clinical group supervisions into a sustainable program that teaches and reinforces the Pillars, Tools and Commitments of the Sanctuary Model. Participants will leave with a virtual doggie-bag of activities, which are 100% transferrable to a variety of settings!
Thursday, May 2, 2019

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9:00 am - 9:45 am  Welcome & Community Meeting
9:45 am - 11:15 am  Keynote Address: Maia Szalavitz (Q&A with Participants)
11:30 am - 12:45 pm  Workshop Session E
12:45 pm - 2:00 pm  LUNCH
2:15 pm - 3:30 pm  Workshop Session F
3:45 pm - 4:15 pm  Awards and Closing Comments
5:00 pm - 6:00 pm  Mansion Tour

Workshop Session E
11:30 am - 12:45 pm

**E1: Using Data to Improve Trauma-Informed Systems Change - Larchmont 1**

**Presenter:** Steve Brown, Psy. D

This presentation will review the state of measurement in the TIC field. It will introduce the Attitudes Related to Trauma Informed Care instrument, (ARTIC) one of the first empirically validated measures. It has been used by many programs throughout the country, and is available in five languages. The Sanctuary Model has utilized the ARTIC to demonstrate change in school systems.

**E2: Making Sense of the Senseless: Addressing Traumatic Current Events Through Sanctuary Lens - Larchmont 2**

**Presenter:** Victoria Hummer MSW, LCSW*

Traumatic events happen in our society almost weekly, equally impacting and triggering those we serve and those providing services. The Sanctuary Model offers us a way to process, and perhaps contribute to post-traumatic growth in our organizations and clients.

**E3: Creating Trauma-Informed Schools and Classrooms: An Introduction to Trauma-Informed Concepts and Strategies - Yorktown**

**Presenter:** Maria Asencio MA; Jessica Moleano MS, LPC

This workshop will focus on current approaches to creating trauma-informed schools, the impact of trauma on learning and development including a case example, and strategies and techniques that may be used school-wide as well as in the classroom.

**E4: Building Resiliency: Implementing the 7 Commitments with Children Under the Age of 5 - Sprainbrook**

**Presenter:** Denise Moore MA LPC NC TF-CBT; Tiffany Ricotta BS

This workshop will highlight the journey toward resiliency of a traumatized organization that delivers preschool and mental health services to their community. The session will focus on innovative ways the company has utilized the Sanctuary Model to increase morale, retain staff, and improve relationships within our working environment and the community.

**E5: Teaching Formerly Incarcerated Staff and Justice-involved Youth of Color Safe, Sustainable Resilience Using the Seven Commitments - Pleasantville**

**Presenter:** Vileti’ Akolo MSW

Providing a safe, structured and consistent environment gives rise to open communication and social learning amongst justice-involved group clients while also rebuilding social connection skills and establishing healthy attachment relationships amongst formerly incarcerated trauma-informed care providers.
Thursday, May 2, 2019

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Workshop Session
2:15 am - 3:30 pm

F1: Why Sanctuary Matters in the Age of #metoo - Larchmont 1
Presenter: Jaye Holly MS*
We often think of colleagues as our “work family.” Harassment is a “family” secret that contributes to individual and organizational trauma. This workshop will explore workplace harassment and the importance of Sanctuary not only in supporting healing, but also in creating cultures that strive to ensure that no one ever has to say #metoo again.

F2: Building Resiliency in the Early Childhood Setting: Integrating the Sanctuary Model With Other Best Practices - Larchmont 2
Presenter: Jamie Meyer MA; Dequita Parker
This interactive workshop will inspire and empower participants with knowledge and action steps to infuse Sanctuary alongside other best practices such as Circle of Security®, PBS, and CLASS®. Presenters will share successful implementation in a homeless shelter setting focused on healing and resiliency for staff, volunteers, parents and young children.

F3: Parent University: Creating a Community of Resilience through Authentic Partnership and Parent Engagement - Yorktown
Presenter: Stephan Spilkowitz BA; Lindsay Jackson BS; Fabiola Abreu MPA*
In this workshop participants will explore methods for fostering parental resiliency, navigating instructional challenges, and increasing self-awareness, within the context of a facilitator initiated trauma-informed learning space. Participants will learn how to effectively facilitate parent engagement workshops through the use of videos, activities, and parent-facilitated experiential learning.

F4: Our Evolution Towards an Eighth Commitment - Sprainbrook
Presenter: Glenn Newberry M.Ed, LPC-S; Tammie Combs; James Jones
This workshop will highlight what we have learned through our three years of implementation and six years of post-certification that the commitment of forgiveness is essential to the complete healing from trauma that our children, and even our staff, have experienced. This commitment completely embodies the SELF model, and enhances the existing commitments.

F5: Employee Relations --The Sanctuary Way - Pleasantville
Presenter: Keri Thatcher MA, HRIR
Is there a non-violent way to discipline an employee? Can an employee write up or performance improvement plan be strength-based? Can Sanctuary drive accountability? Join us as we explore how to use the Sanctuary Model to raise the performance standards of your organization while preserving your employee morale and culture.