

sanctuary[®]
INSTITUTE

PRESENTS

H.E.A.L TOGETHER

HELPING EVERYONE ADAPT AND LEAD

A ONE DAY SYMPOSIUM

October 15, 2020

Click [HERE](#) to register



SCHEDULE OF EVENTS

11:00AM-11:30AM

Welcome & Community Meeting

11:30AM-12:30PM

Workshop: Red Flag Retooled
Presented by Christine Stahelli
Villa of Hope

12:30PM-12:45

Guided Mindfulness Body Break

12:45PM-1:15PM

SCO Family of Services
Community Conversations

1:15PM-2:00PM

LUNCH

2:00PM-3:00PM

Workshop: S.E.L.F of the Shelf
Presented by Kristen Heisler
Sara Reed

3:00PM-3:15PM

Body Break (on your own)

3:15PM-4:15PM

Workshop: Navigating Rough Seas
Presented by Beth Harmon
Cornerstones of Care

4:15PM-4:30PM

Closing Remarks & Giveaways

